

February 25, 2018



THINK FOR CHANGE

ROMANS 12:2 (NLT) "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think."

I. WHY MANAGE YOUR MIND?

1. Thoughts determine action.

TRUTH: Your present life was formed by the dominant thoughts of your mind (Proverbs 4:23 TEV).

2. Sin is fought between your ears.

INSIGHT: Temptation is an internal issue (Romans 7:22-23).

TRUTH: Satan and your sin nature battle to control your brain every day.

3. Managing your mind is the key to a God-blessed life (Romans 8:6).

II. THE PATH TO A HEALTHY MIND

TRUTH: Your thoughts are controllable.

HOW? Feast on truth daily (John 8:32; Matthew 4:4; Psalm 119:147, 119:97, 16:7, 119:95).

III. THREE ENEMIES OF YOUR MIND

1. Your old sin nature (Romans 7:23, 8:5)

TRUTH: The greatest battles of your soul occur between your ears.

2. Satan

INSIGHT: Don't believe everything you think or every idea you have (2 Corinthians 2:11).

TRUTH: This morning, if you've not forgiven someone, you've fallen into Satan's trap.

3. World system (1 John 2:16)

To prepare for The Lord's Supper:

1. Feed your mind on truth every day.
2. Choose to no longer go the wrong way. When you're watching TV and you don't like what you see, flip the channel. Change your attention and the temptation dies.
3. Pray: Father, my mind is yours. Help me practice what I've learned. Help me make good choices. Forgive me in Jesus' name. I want to feed my mind with truth every day at all times and turn from destructive thoughts of hate, unforgiveness, bitterness and lust. I commit to take my thoughts captive and not be controlled by them. In Jesus' Name.