

March 11, 2018



RESIST ISOLATION

GENESIS 3:6-19 (NASB)

INSIGHT: Fear is the number one source of ruined relationships.

TRUTH: Every temptation has one motivation... to play God.

I. THE POWER OF FEAR IN YOUR RELATIONSHIPS

The three fears that ruin relationships:

1. The fear of disclosure makes me hide (Genesis 3:9-10).

INSIGHT: I was afraid/so I hid go together.

TRUTH: Fear and hiding are cause and effect.

TRUTH: One of your deepest needs is to be loved, but your greatest fear is people seeing the real you (Genesis 3:7b).

2. Fear of disapproval makes me defensive.

TRUTH: The more critical a person is, the more they fear disapproval.

INSIGHT: The more I fear your disapproval, the more I will highlight your faults.

INSIGHT: The more insecure someone is, the greater their need to get their way.

3. Fear of losing control makes me demanding.

TRUTH: The more insecure you are, the greater your need to get your way.

INSIGHT: The more out of control you feel, the more controlling you become.

II. LOVE IS THE ANTIDOTE FOR FEAR (1 John 4:18).

TRUTH: If you are fearful, then you struggle to love consistently.

HOW DO WE LEARN TO LOVE?

1. Invite God daily to love through you.
2. Remember how God sees you every day.

INSIGHT: I can't be loving to anyone unless I am secure in God's love.

WHAT GOD THINKS ABOUT ME IN JESUS CHRIST:

1. In Christ I am totally accepted (Ephesians 1:6; Hebrews 13:5 LB).
2. Absolutely loved (Isaiah 54:10 NLT)
3. Completely forgiven (Romans 8:1)

INSIGHT: Never cease to offer love to others (John 13:34).

INSIGHT: If you're a follower of Jesus Christ, you must love everybody, whether you like them or not, just as Christ loved you (1 Corinthians 13:7).