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"A SOUL-DESTROYING BUSYNESS"

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LUKE 10:38-42 (ESV)

INSIGHT: There are few things as damaging and potentially soul-destroying as busyness.

TWO PERSONALITY TYPES IN THE TWO SISTERS:

1. Martha: Type-A, task-oriented
2. Mary: highly relational, people-oriented

TRUTH: God created both personality types.

INSIGHT: Just like it's harder for rich people to enter the kingdom of heaven, it's harder for competent people to find the will of God.

HERE'S THE DEAL: There's a little bit of Martha in all of us!

I. THE MYTH JESUS SHATTERS

MYTH: Busyness = faithfulness

INSIGHT: People tend to overwork because it makes us feel useful.

II. THE FEAR JESUS CONFRONTED

INSIGHT: Martha's busyness was driven by fear things wouldn't get done and what people would think of her.

TRUTH: There's a voice in a multitude of Christians that's always saying, "It's not good enough! Keep working! Do more!"

INSIGHT: The tragedy of this thinking is that there's always one future event that you're not going to know or plan for.

III. THE WAY FORWARD

A PROPER THEOLOGY OF DAILY LIVING:

1. His approval of you is a gift.

TRUTH: God does not accept you because of the sweat of your brow but the death and suffering of His Son.

2. All we are striving for is in Him.

3. God says, "I'm omniscient, so you don't need to be!"

THE ANSWER: Come to the feet of Jesus, listen to Him, and do what He tells you to do.

INSIGHT: The question isn't "What needs to be done in the life of my family, my kids, my work?" The question is "What does Jesus want me to do?"

TRUTH: We are to do the things He has given us to do. The success of our lives is graded by our faithfulness in those things (Proverbs 3:5-6).

TRUTH: Life works as long as we do our part and don't try to come over into God's part.

INVITATION: Jesus' directive to Martha and you and me: "Come sit at My feet, find your sufficiency in Me, and then go and do what I tell you."

1. Sleep (Psalm 127:1-2).

2. Refuse to worry about tomorrow (Matthew 6:34).

3. Create some margin in your life.

4. Observe Sabbaths.

INSIGHT: Tithing and Sabbath rest are God's word to do less and trust more in the God of your soul.

Busyness keeps you from the feet of Jesus!