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"DEFENSE AGAINST ADULTERY"

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HEBREWS 13:4 (Amp)

INSIGHT: When God says a negative, He always has a positive purpose behind it.

The Seventh Commandment is: "Thou shalt not commit adultery."

TRUTH: The seventh commandment is God's warning that nothing destroys family faster than adultery.

INSIGHT: All God's gifts have limitations on them.

I. COMMIT TO BE FAITHFUL (Ps. 119:9).

TRUTH: The Bible says that sex is for marriage only, not before marriage, not outside of marriage.

II. AMPLIFY THE CONSEQUENCES (Prov. 6:32).

TRUTH: Sexual sin leaves permanent scars (Prov. 6:26).

TRUTH: Adultery takes the whole home out of the winner's circle.

Three reasons to choose faithfulness in marriage:

1. Your love for the Lord Jesus
2. Your love for your spouse and kids
3. Your fear of the judgment of God (Gal. 6:7)

TRUTH: We can sin against God when we want, but we can't avoid the consequences God has set in place. Adultery will always cost a high price.

III. PRESERVE YOUR MARRIAGE (1 Cor. 7:3, Phillips).

TOP FIVE NEEDS OF MOST MEN:

1. Sexual fulfillment
2. Recreational companionship
3. An attractive spouse
4. Domestic support

5. Admiration

TOP FIVE NEEDS OF MOST WOMEN:

1. Affection
2. Conversation
3. Honesty and openness
4. Financial support
5. Family commitment

TRUTH: We all married our life partner wanting to meet their needs. Our present problems come from not knowing what those needs are or thinking their needs are the same as ours.

TRUTH: The physical relationship of a husband and wife is a spiritual responsibility to defend them against Satan's temptations.

IV. FIVE ACTION STEPS TO PROTECT YOUR MARRIAGE

1. Don't listen to a member of the opposite sex tell you their marriage problems.
2. Women, don't go fishing for compliments from men who aren't your husband. Guys, watch what you say to women.
3. Beware of a sense of electricity between you and a member of the opposite sex.
4. Avoid prolonged stares.
5. Avoid lingering touch.

CONCLUSION: There are four crucial decisions every couple should make:

Decision #1: If my mate is going to have a good lover in his or her life, it's gonna be me!

Decision #2: We are gonna work to meet the needs of each other, so that either of us would be a fool to ever be interested in anybody else.

Decision #3: My spouse will be my best friend. "It's real easy to leave your spouse. It's not easy to leave your best friend." –Mary Alda

How do you build a friendship? Time, Time, Time

Decision #4: What day of the week could we set aside to have some time together, without the kids or friends...just us?